


K.V.G MEDICAL COLLEGE & HOSPITAL, SULLIA

Department of psychiatry

UG Theory class Teaching schedule, MARCH - 2025

SL NO	DATE	TIME	Topic name with competency (including AETCOM	TYPE (Lecture, Skill, etc	Intergration (yes/No)	Assessment (Yes/No)	Feedback (yes/NO)	Addressed By
1.	3/03/2025	4.pm To 5.pm	Define stress and describe its components and causes (PS2.1)	Lecture	No	Yes	Yes	Dr.Poonam .M
2.	10/03/2025	4.pm To 5.pm	Describe the role of time management, study skills, balanced diet and sleep wake habits in stress avoidance(PS2.2)	SDL	No	Yes	Yes	Dr.krithishree s.s
3	11/03/2025	4.pm To 5.pm	Define and describe the principles and components of learning memory and emotions(PS2.3)	Lecture	No	Yes	Yes	Dr Arushi singh
4	24/3/2025	4.pm To 5.pm	Describe the principles of personality development and motivation (PS. 2.4)	SDL	No	Yes	Yes	Dr.Poonam .M


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